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### Moving Worship: How to Create Movement

Julia Start Fletcher

*Millbrook Christian Reformed Church*

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# Moving Worship | How to CREATE MOVEMENT

Calvin College Symposium on Worship | January 2013

Julia Start Fletcher

## Workshop B10: Friday and/or Saturday

- Structure
  - Practice
    - Prepared Practice
    - Creative Practice
  - Costuming
    - Modest
    - Contemporary
    - Contextual
  - Props
  - Choreography
    - Copyright
    - Originality
    - Contextualized
    - Processes for Choreography

\*\*\* *What are some ways to choreograph?*

### EXPLORE THESE:

Improvisation  
Prayer  
Mirror

Lyrics  
Tempo  
Shapes

### Floor Patterns:

- Circles
- Lines

### Movements:

- Simple Motor-Skills
  - Walking
  - Running
  - Skipping
  - Galloping
- Hand/Arm Movements

### **I Corinthians 6:19-20**

<sup>19</sup>Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; <sup>20</sup>you were bought at a price. Therefore honor God with your body.

### Postures of Worship:

- Processing
- Bowing
- Kneeling
- Standing
- Sitting
- Prostrate

### Leadership

- Importance for excellence
- Training: technique is important
- Collaboration among multiple artists
- Person sent of God, skillful in dance

#### **Exodus 31:1-11**

Bezalel and Oholiab

<sup>1</sup> Then the LORD said to Moses, <sup>2</sup> "See, I have chosen Bezalel son of Uri, the son of Hur, of the tribe of Judah, <sup>3</sup> and I have filled him with the Spirit of God, with skill, ability and knowledge in all kinds of crafts- <sup>4</sup> to make artistic designs for work in gold, silver and bronze, <sup>5</sup> to cut and set stones, to work in wood, and to engage in all kinds of craftsmanship...

*\*How might dance work within your context?*