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Christina Plaisier  
*Calvin University*

Alexandra Cok  
*Calvin University*

Jordan Scott  
*Calvin University*

Adeleye Opejin  
*Calvin University*

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## Effects of cinnamaldehyde on the glucose transport activity of GLUT1

Christina Plaisier, Alexandra Cok, Jordan Scott, Adeleye Opejin, Kelsey T. Bushhouse, Mathew Sallie, and Larry L. Louters\*

Department of Chemistry and Biochemistry, Calvin College, Grand Rapids, MI, USA 49546

### Abstract

There is accumulating evidence that cinnamon extracts contain components that enhance insulin action. However, little is known about the effects of cinnamon on non-insulin stimulated glucose uptake. Therefore, the effects of cinnamaldehyde on the glucose transport activity of GLUT1 in L929 fibroblast cells were examined under both basal conditions and conditions where glucose uptake is activated by glucose deprivation. The data reveal that cinnamaldehyde has a dual action on the glucose transport activity of GLUT1. Under basal conditions it stimulates glucose uptake and reaches a 3.5 fold maximum stimulation at 2.0 mM. However, cinnamaldehyde also inhibits the activation of glucose uptake by glucose deprivation in a dose dependent manner. Experiments with cinnamaldehyde analogs reveal that these activities are dependent on the  $\alpha,\beta$ -unsaturated aldehyde structural motif in cinnamaldehyde. The inhibitory, but not the stimulatory activity of cinnamaldehyde was maintained after a wash-recovery period. Pretreatment of cinnamaldehyde with thiol-containing compounds, such as  $\beta$ -mercaptoethanol or cysteine, blocked the inhibitory activity of cinnamaldehyde. These results suggest that cinnamaldehyde inhibits the activation of GLUT1 by forming a covalent link to target cysteine residue/s. This dual activity of cinnamaldehyde on the transport activity of GLUT1 suggests that cinnamaldehyde is not a major contributor to the anti-diabetic properties of cinnamon.

### 1. Introduction

There is increasing interest in the use of cinnamon as a natural insulin sensitizer for the treatment of type 2 diabetes. Randomized human trials of the effectiveness of cinnamon on glycemic control have yielded mixed results [1–6]. A meta-analysis that included five studies which measured different parameters in a varied population concluded that cinnamon had no measurable effect on HbA1C, blood glucose and lipid concentrations [7]. However, a more recent study utilizing poorly controlled type 2 diabetes patients (initial HbA1C > 7.0), [6], indicated that supplementing the patient's conventional diabetes treatment plan with cinnamon capsules significantly lowered HbA1C. Due in part to the impressive potential cost savings of using cinnamon, this result has led to a call for effectiveness research on cinnamon compared to other FDA-approved oral antidiabetic drugs, such as sitagliptin and saxagliptin [8].

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\*Corresponding author. Fax: 616-526-8551, Phone: 616-526-6493, lout@calvin.edu.

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Cinnamon extract has been shown to be efficacious for the treatment of diabetes in a number of diabetic animal models including streptozotocin-treated rats [9,10], fructose-fed rats [11], and db/db mice [12]. The anti-diabetic activity of cinnamon extracts has been attributed to a variety of compounds including polyphenols [13–15], hydroxychalcone [16], and cinnamaldehyde [9,10].

One of the anti-diabetic characteristics of cinnamon extracts is stimulation of glucose uptake. It appears that cinnamon can both up regulate the expression of GLUT4 [9] and act as an insulin mimetic by stimulating the translocation of GLUT4 in a PI3K dependent manner (inhibited by wortmannin) [16,17]. Cinnamon extract has also been shown to increase the expression of GLUT1 in macrophages [18]. However, little is known about the effects of cinnamon extract on non-insulin dependent glucose transport; that is, its acute effects on the transport activity of GLUT1.

GLUT1 is ubiquitously expressed in mammalian tissues and is traditionally thought to be responsible for only basal glucose uptake. However, studies suggest that GLUT1 can also be acutely activated by cell stressors such as azide [19,20], osmotic stress [21,22], methylene blue [23], and glucose deprivation [24,25]. In addition, it has been recently shown that C-peptide activates GLUT1 transport activity in erythrocytes, suggesting that insulin, in addition to activating GLUT4, may indirectly activate GLUT1 by the co-release of C-peptide [26]. However, this effect has not yet been confirmed in other cell types.

There is experimental evidence that cysteine residues are important in the regulation of GLUT1 activity. Phenylarsine oxide, a reagent that reacts with vicinal thiols, has been shown to activate glucose uptake, but inhibit the activation of glucose uptake by cell stressors in L929 fibroblast cells [27,28]. This dual action of phenylarsine oxide had previously been observed in striated muscle [28]. In addition, the activation of GLUT1 in erythrocytes has been shown to be dependent on internal disulfide bond formation within GLUT1 [29].

A major component of cinnamon extract is cinnamaldehyde, which has an  $\alpha,\beta$ -unsaturated aldehyde structural motif that is an active Michael acceptor of thiols. As such, it has been shown that cinnamaldehyde will form covalent adducts to cysteine residues of some proteins [30,31]. Since thiols appear to be important in the regulation of GLUT1 transport activity, we were interested to determine, first, if cinnamaldehyde affects GLUT1 transport activity by reacting with cysteine residues, and second, if this effect on GLUT1 could contribute to the anti-diabetic effects previously attributed to cinnamaldehyde [9,10]. These studies were conducted using L929 fibroblast cells, a cell line that expresses only GLUT1 [32].

## 2. Materials and Methods

### 2.1 Chemicals

Cinnamaldehyde (CA) and its analogs, hydrocinnamaldehyde (HCA), cinnamyl alcohol, 3-phenyl-1-propanol, crotonaldehyde, benzaldehyde, propionaldehyde, as well as  $\beta$ -mercaptoethanol (BME), cysteine, serine, 2-deoxy-D-glucose-[1,2- $^3\text{H}$ ] (2DG) and D-mannitol-1- $^{14}\text{C}$  were purchased from the Sigma-Aldrich Chemical Company (St. Louis, MO, USA).

### 2.2 Cell culture

L929 mouse fibroblast cells were obtained from the American Type Culture Collection. To initiate each experiment, approximately  $1.0 \times 10^5$  L929 fibroblast cells were plated into each well of a 24-well culture-treated plate in 1.0 mL of low glucose (5.5 mM) DMEM (Dulbecco's Modified Eagle Medium) supplemented with 10% fetal bovine serum and 1%

penicillin/streptomycin. The cells were grown overnight at 37 °C in an incubator supplied with humidified room air with 5% CO<sub>2</sub>.

### 2.3 General experimental design

Cells grown overnight in 24-well plates were rinsed with 0.2 mL of treatment media and then incubated in 0.8 mL of fresh treatment media consisting of either low-glucose DMEM (0% FBS) (basal), or glucose free DMEM (0% FBS) (activation by glucose deprivation) plus 0.0–5.0 mM CA or CA analog as indicated in the figure and table legends. The cells were maintained in this treatment media at 37 °C minutes for 30 minutes. Following the incubation period media were removed and glucose uptake was measured during a 10-minute glucose uptake phase as described below.

In experiments designed to measure recovery from the effects of CA or HCA, the treatment phase was followed by a recovery period in which cells were washed and returned to low-glucose media (0.8 mL) for 30-minutes. The media was then replaced with no-glucose DMEM (0.8 mL) to activate glucose uptake. Glucose uptake was measured as described below.

To measure the effects of thiols on the activity of CA or HCA, stock solutions of CA or HCA plus either BME, cysteine, or serine at 2-fold excess were generated either one hour or 24 hours (serine and cysteine) prior to the experiment. Final concentrations in the media were 2.0 mM CA or HCA plus 4.0 mM of the thiol reagent.

### 2.4 Glucose uptake assay

Glucose uptake was measured using the radiolabeled glucose analog 2-deoxyglucose (2DG) as previously described [23]. Briefly, the media was replaced with 0.3 mL of glucose-free HEPES buffer (140 mM NaCl, 5 mM KCl, 20 mM HEPES/Na pH=7.4, 2.5 mM MgSO<sub>4</sub>, 1 mM CaCl<sub>2</sub>, 2 mM NaPyruvate, 1 mM mannitol) supplemented with 1.0 mM (0.3 μCi/mL) 2-DG (1, 2-<sup>3</sup>H) and 1.0 mM (0.02 μCi/mL) mannitol (1-<sup>14</sup>C). After a 10-minute incubation, cells were washed twice with cold glucose-free HEPES. The cells were lysed in 0.5 mL lysis buffer (10 mM Tris pH=7.4, 150 mM NaCl, 5 mM EDTA, 1.0% triton X-100, 0.4% SDS) and the <sup>3</sup>H-2 DG uptake with <sup>14</sup>C-mannitol as the extracellular marker was measured using scintillation spectrometry. Uptake of <sup>14</sup>C-mannitol only occurs if the cell membrane is compromised. Therefore, the use of a double-labeled uptake solution allows us to both measure surface binding as well as monitor potential toxic effects of the experimental treatments.

### 2.5 Statistical analysis

Experimental conditions were repeated in triplicate or quadruplicate and glucose uptake was measured and reported as nmoles/10 minutes/well ± standard error. Statistical significance was determined by either ANOVA followed by a post-hoc Dunnett test (dose dependent effects) or a two-tailed t-test. Statistical significance is reported at P<0.01 or P<0.05. Experiments were repeated several times and results from representative experiments are reported.

## 3. Results

### 3.1 Dose response effects of CA on basal and activated glucose uptake activity

The direct effects of cinnamaldehyde on the transport activity of the ubiquitously expressed glucose transporter, GLUT1, are unknown. There is evidence that the activity of this transporter is dependent on vicinal thiols [27–29]. Therefore, we were interested in measuring the effects of cinnamaldehyde, a compound expected to react with thiols, on the

glucose transport activity of GLUT1. To investigate the effects of cinnamaldehyde on basal glucose uptake by GLUT1, L929 fibroblast cells were exposed to DMEM media containing 5.5 mM glucose and increasing concentrations of cinnamaldehyde for 30 minutes. The results, shown in Figure 1, show a dose dependent stimulation of glucose uptake that reached a maximum 3.5 fold stimulation at 2.0 mM CA (from  $0.95 \pm 0.05$  to  $3.34 \pm 0.16$  nmol/10 min/well).

In contrast, when glucose uptake is activated in these cells by glucose deprivation, CA has an inhibitory effect on glucose uptake (see Figure 1). Exposure of L929 cells to DMEM media lacking glucose for 30 minutes activates glucose uptake 6.8 fold ( $0.95 \pm 0.05$  to  $6.46 \pm 0.56$  nmol/10 min/well), as had been previously documented [24]. However, when CA is included in the 30-minute glucose deprivation treatment, there is a dose dependent inhibition of the activation of glucose uptake. 2.0 mM CA, a concentration that is maximally activating under basal conditions, now completely blocks the activation of glucose uptake (reduced from  $6.46 \pm 0.56$  to  $0.86 \pm 0.22$  nmol/10 min/well compared to a basal uptake of  $0.95 \pm 0.05$ ). Exposure of cells to no glucose media containing 5.0 mM CA reduces glucose uptake to  $0.06 \pm 0.0005$  nmol/10 min/well, well below basal glucose uptake. These data reveal a dual action of CA that is similar to the properties of the thiol binding compound, phenylarsine oxide [27,28].

### 3.2 Effects of CA analogs on glucose uptake

To investigate which structural features of CA are responsible for the dual effects of CA on glucose uptake, we measured the effects of CA analogs on glucose uptake under both basal and activating conditions. L929 cells were treated for 30 minutes with a 2.0 mM concentration of cinnamaldehyde (CA), hydrocinnamaldehyde (HCA), cinnamyl alcohol, 3-phenyl-1-propanol, crotonaldehyde, benzaldehyde, or propionaldehyde, in DMEM with 5.5 mM glucose (basal) or in DMEM with 0.0 mM glucose (activating). The results are shown in Table 1. For ease of comparison, the data are normalized to the uptakes measured in cells that were not exposed to CA or an analog. The data reveal that crotonaldehyde, which maintains the  $\alpha,\beta$  unsaturated aldehyde structural motif of CA, best mimics the behavior of CA; both its stimulatory and inhibitory effects are moderately muted compared to CA. Hydrocinnamaldehyde, which lacks the  $\alpha,\beta$  double bond, also mimics the effects of CA, but its effects are even more muted than those of crotonaldehyde. The change of the aldehyde functional group to an alcohol in cinnamyl alcohol and 3-phenyl-1-propanol maintains a small activating effect under basal conditions, but displays no ability to inhibit the activation of glucose uptake by glucose deprivation, suggesting that the aldehyde functional group is essential to the inhibitory action of CA.

However, it appears that the structural location of the aldehyde is also important to this inhibitory effect, as both benzaldehyde and propionaldehyde lack the ability to inhibit activation of glucose uptake. Taken together, these results indicate that the key structural feature for both the activation of glucose uptake and the inhibition of activation by glucose deprivation is the  $\alpha,\beta$ -unsaturated aldehyde. In addition, it appears that the phenyl ring contributes to the activating property of CA.

### 3.3 Pretreatment of cells with CA inhibits subsequent activation of glucose uptake

Aldehydes readily form addition products with nucleophiles such as amines and  $\alpha,\beta$ , unsaturated aldehydes readily for addition products with nucleophilic thiols. This suggests the possibility that CA forms a covalent adduct that leads to the inhibition of the activation of glucose uptake by glucose deprivation. To test this hypothesis L929 cells were pre-treated with 2.0 mM CA or HCA for 30 minutes in no glucose media. The media was then removed and the cells were allowed to recover for 30 minutes in low glucose media. This was

followed by a 30-minute exposure to no glucose media to activate glucose uptake. As shown in Figure 2, pretreatment of cells with CA completely prevents subsequent activation of glucose uptake by glucose deprivation. Glucose uptake in cells pretreated with CA was  $2.58 \pm 0.41$  nmol/10 min/well compared to basal uptake of  $2.18 \pm 0.14$  nmol/10 min/well. Cells treated in the same manner, but without exposure to CA exhibit a robust activation of glucose uptake measured at  $9.77 \pm 0.09$  nmol/10 min/well. Pretreatment with HCA also significantly inhibits activation, although not as efficiently as CA (uptake measured at  $4.90 \pm 0.36$  nmol/10 min/well). These results indicate that the inhibitory effects of CA or HCA persist at least 30 minutes after their removal suggesting a covalent interaction of these agents with cellular components.

In order to determine if the activating properties of CA are also maintained after removal of CA, cells were pretreated with 2.0 mM CA under basal conditions (low glucose media) followed by a 30-minute recovery in low glucose media with no CA. Cells were then incubated for another 30 minutes in either low glucose media so see if the activating effects of CA are maintained or in no glucose media to determine if pretreatment with CA in low glucose media also inhibited subsequent activation by glucose deprivation (as previously seen when the pretreatment occurred in no glucose media (see Figure 2)). We also repeated the pretreatment of cells with 2.0 mM CA in no glucose media in order to directly compare the effects of pretreatment with CA in activating conditions (no glucose media) to pretreatment with CA in basal conditions (low glucose media). The results are shown in Table 2. It is clear that the activating effects of CA are not maintained. Cells re-exposed to low glucose after pretreatment with CA had reduced, not elevated uptakes ( $1.02 \pm 0.18$  compared to  $1.49 \pm 0.09$  nmol/10 min/well). It also appears that pretreatment with CA in no glucose conditions more effectively blocks subsequent activation than pretreatment of CA in low glucose media ( $1.14 \pm 0.15$  compared to  $1.88 \pm 0.23$  nmol/10 min/well). These data suggest that the activating effects of CA are not the result of a covalent addition of CA to a target protein. In addition, it appears that glucose deprivation more effectively exposes CA reaction sites on protein/s responsible for inhibition of glucose uptake. Because of the strong, more permanent, effect of CA on inhibition of the activation of glucose uptake, the remainder of this study will focus on that phenomenon.

### 3.4 Compounds containing thiols block inhibitory activity of CA

Given the propensity of thiols to undergo a Michael addition with the  $\alpha,\beta$ -unsaturated aldehyde structural component of CA, we were interested to determine if we could block the effects of CA by pretreatment of CA with thiol containing compounds. Glucose uptake was activated by glucose deprivation in the presence of 2.0 mM CA or HCA alone or each premixed with 4.0 mM BME (to insure stoichiometric excess). The results are shown in Figure 3. As previously reported (see Table 1), CA significantly inhibits activation by glucose deprivation (uptake reduced from  $14.26 \pm 0.39$  to  $3.05 \pm 0.46$  nmol/10 min/well) while HCA had a more modest inhibitory effect (reduced to  $11.35 \pm 0.05$  nmol/10 min/well). In the control experiment, pretreatment with BME alone had no effect on glucose uptake ( $14.41 \pm 0.47$  nmol/10 min/well). However, when BME was premixed with CA, it effectively reduced the inhibitory effect of CA (uptake increased from  $3.05 \pm 0.46$  to  $11.18 \pm 0.41$  nmol/10 min/well), but BME had no significant effect on the inhibitory effect of HCA ( $11.35 \pm 0.05$  and  $10.51 \pm 0.19$  nmol/10 min/well respectively). These results are consistent with BME blocking the inhibitory effects of CA by adding 1–4 to the  $\alpha,\beta$  unsaturated aldehyde of CA; BME has little effect on the inhibitory activity of HCA, which lacks the  $\alpha,\beta$  double bond and thus does not react with the thiol.

In a confirming experiment, we mixed CA with either cysteine or serine and incubated the compounds overnight. Cysteine contains a thiol that would be expected to add 1–4 and an amino group that could add to the aldehyde, while serine contains lacks the thiol and would



be expected to add preferentially to the aldehyde. L929 cells were activated by glucose deprivation in the presence of CA or CA pre-reacted with either cysteine or serine. The results are shown on Figure 4. Again, the data reveal a significant inhibition by CA of the activation of glucose uptake by glucose deprivation (reduces uptake from  $10.12 \pm 0.37$  to  $0.52 \pm 0.09$  nmol/10 min/well). The inhibitory effect of CA was much more efficiently blocked by pretreatment with cysteine than by serine ( $7.18 \pm 0.22$  compared to  $2.57 \pm 0.23$  nmol/10 min/well). In control experiments, cysteine or serine alone had no effect on glucose uptake (data not shown). This suggests that the effects of CA depend significantly on its ability to react with a thiol (cysteine) residue on its target protein/s.

#### 4. Discussion

There is accumulating evidence that cinnamon or cinnamon extracts have some efficacy in the treatment of type 2 diabetes. A single treatment of cinnamon has been shown to delay gastric emptying, to decrease both postprandial blood glucose and subsequent resting plasma glucose, and to increase insulin sensitivity [33,34]. Although long-term controlled studies have shown mixed results [1–7], the most recent study has shown efficacy in patients with poorly controlled diabetes [7]. This has led to a call for more comparative human studies [8]. The efficacy of cinnamon in animal and cell based studies have been more definitive and have clearly documented an increase in glucose uptake and utilization in insulin sensitive tissues [9–17]. However, little is known regarding the effects of cinnamon affects on basal or noninsulin sensitive glucose uptake. This study reports the unique finding that CA, a major ingredient in cinnamon, stimulates the glucose uptake activity in L929 fibroblast cells in a dose dependent manner (Figure 1). Maximum stimulation was achieved by 2.0 mM concentration. It has been previously demonstrated that this cell line expresses only GLUT1 (32) and glucose uptake is completely blocked by cytochalasin B (23). Thus, the activation of glucose uptake by CA in L929 fibroblast cells can only be attributed to changes in GLUT1 activity. It is not likely that enhanced transport can be attributed to increased GLUT1 concentrations. Previous studies with multiple cell lines and stimulants suggest that chronic treatments of at least 4–6 hours are needed to increase GLUT1 expression and any acute activation (< 2 hours) of GLUT1 occurs without a change in the concentration of GLUT1 (35–40).

While this activation of GLUT1 by CA is interesting and unique, it is not likely that CA is a major contributor to the anti-diabetic properties of cinnamon. The concentration required for activation (1.0 mM) is higher than would be expected from ingestion of cinnamon, and the bioavailability of CA from the ingestion is extremely low. A study in rats revealed that nearly all of the CA, from ingesting cinnamon or CA itself, is metabolized to cinnamic acid before being absorbed into the blood stream (41).

Interestingly, while CA activated basal level glucose uptake, it also had a dose dependent inhibitory effect on the activation of glucose uptake by glucose deprivation (Figure 1). This apparently opposing effect of CA on glucose uptake was also seen in 3T3-L1 adipocytes where cinnamon water extract was shown to have stimulatory effects on glucose uptake at 0.2 mg/mL and waned at higher concentrations. In those cells the extract also inhibited insulin stimulated glucose uptake [17]. The authors suggested that the opposing effects were due to different components in the extract. Indeed, the antidiabetic effects of cinnamon have been attributed to multiple components, including polyphenols [13–15], hydroxychalcone [16], and cinnamaldehyde [9,10]. However, in this study the dual action can only be attributed to one component, CA.

The CA results reported in this study are very similar to data documenting the dual action of another thiol reactive agent, PAO [27,28]. The mechanism for the dual action of CA is not

clear and is likely to be complex involving multiple proteins. Based on the activity of CA analogs (Table 1), it appears the activation involves both a reaction of a thiol with the  $\alpha,\beta$  aldehyde functional group of CA as well as a simple reversible binding associated with its aromatic functionality. On the other hand, the inhibitory activity of CA is likely caused by the reaction of CA with a cysteine residue/s in a target protein/s directly involve in glucose uptake or the activation of uptake; possibly GLUT1 itself. The evidence for this threefold: 1) the activity of CA is best mimicked by crotonaldehyde, which maintains the  $\alpha,\beta$ -unsaturated aldehyde structural motif known to react with thiols [30,31] (see Table 1). 2) Pretreatment with CA prevents subsequent activation of glucose uptake suggesting formation of a covalent bond (see Figure 2). 3) Pretreatment of CA with either the thiol containing compound BME or cysteine blocks the inhibitory effects of CA (see Figures 3 and 4). The importance of cysteine residues to the activity of GLUT1 has been previously noted in erythrocytes where activation of GLUT1 requires an internal disulfide bond formation that triggers a GLUT1 oligomerization and activation [29]. If GLUT1 is activated in L929 cells by a similar disulfide bond formation, it might be expected that a covalent addition to cysteine would interfere with this process.

## 5. Conclusions

This study shows for the first time that CA, either directly or indirectly, activates the transport activity of the ubiquitously expressed transporter, GLUT1, but inhibits the activation of the transporter by glucose deprivation. Thus the anti-diabetic properties of cinnamon are not likely due to the effects of CA on GLUT 1. However, more importantly, this study provides additional evidence of the importance of cysteine residues to the regulation of the activity of GLUT1.

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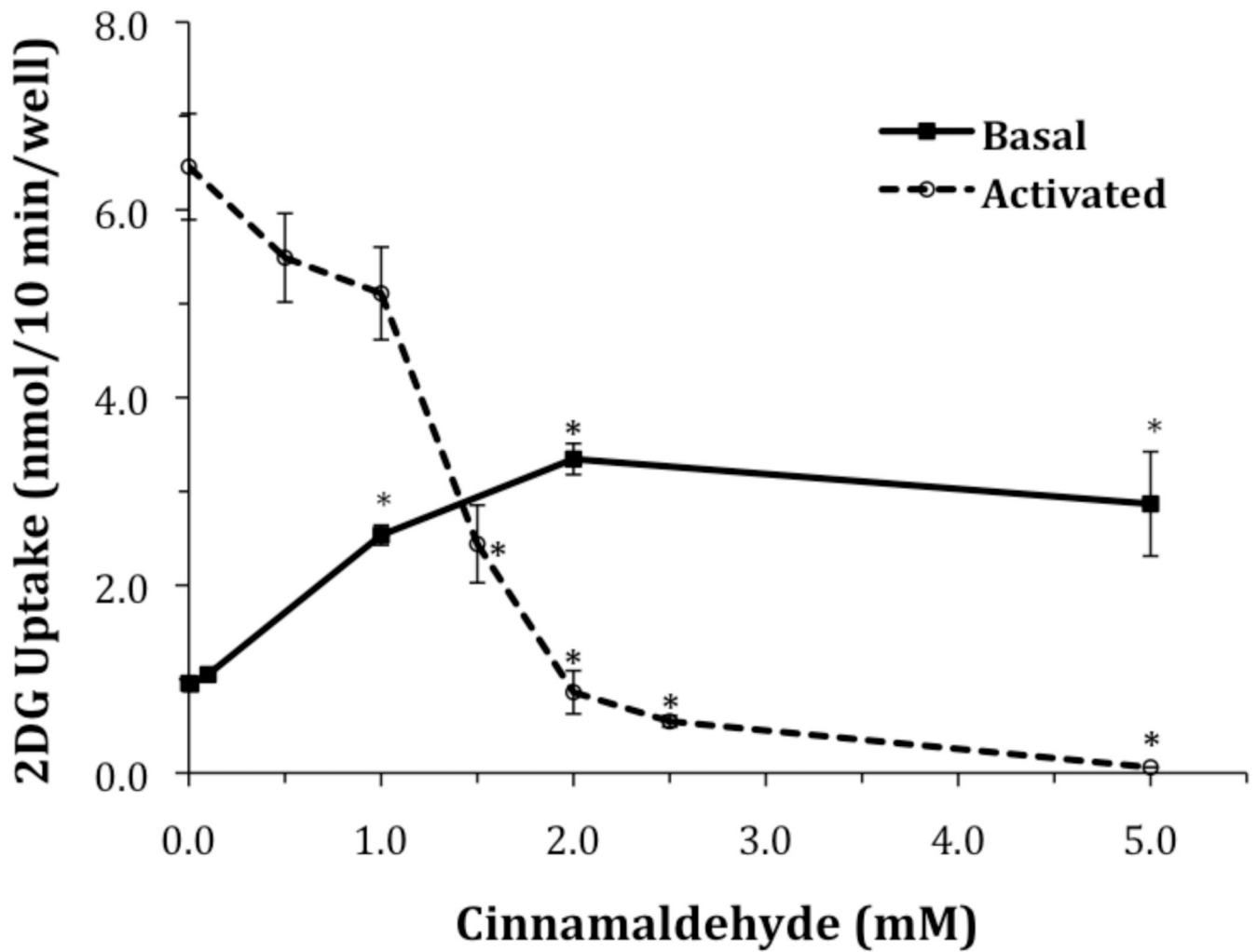
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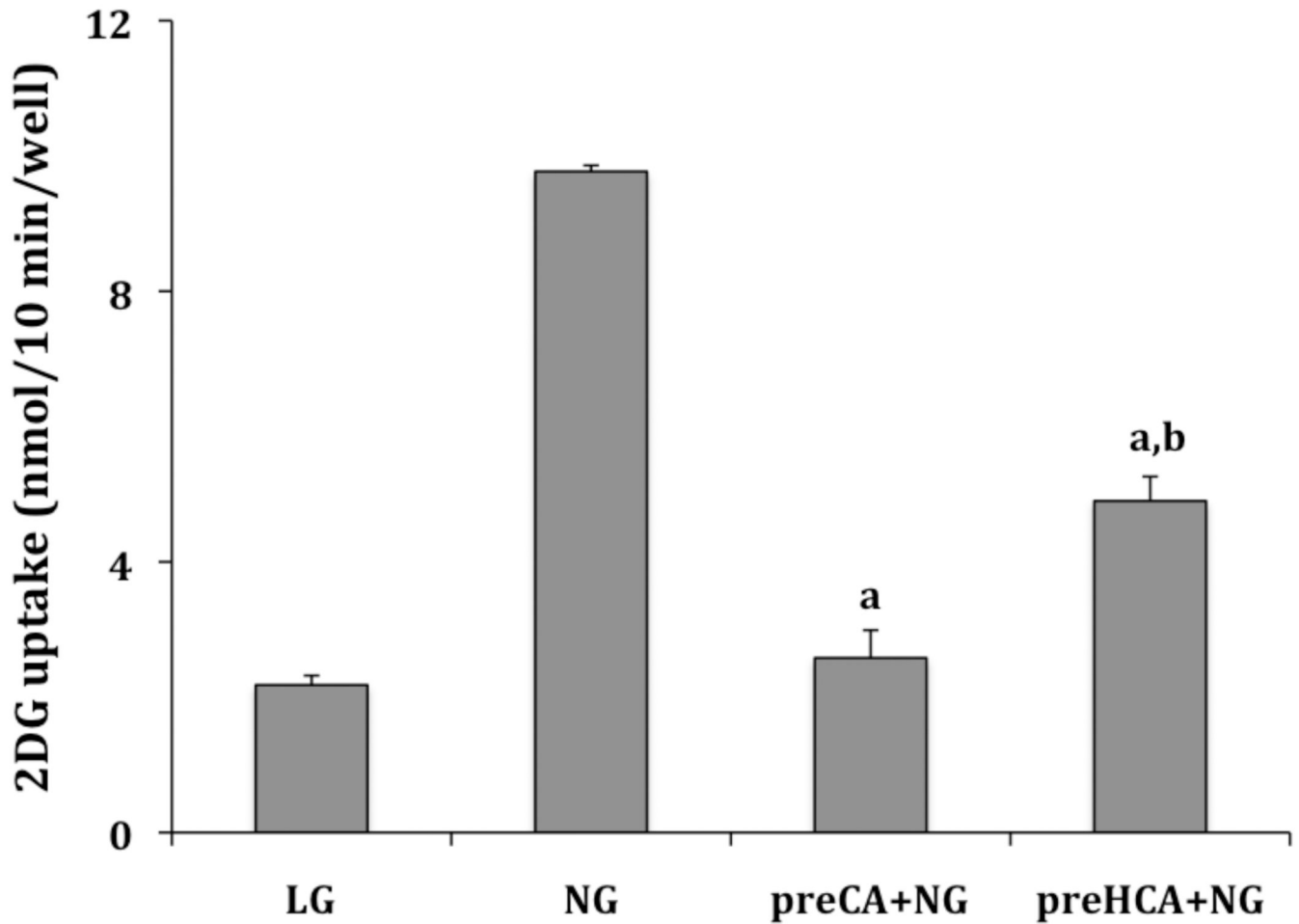


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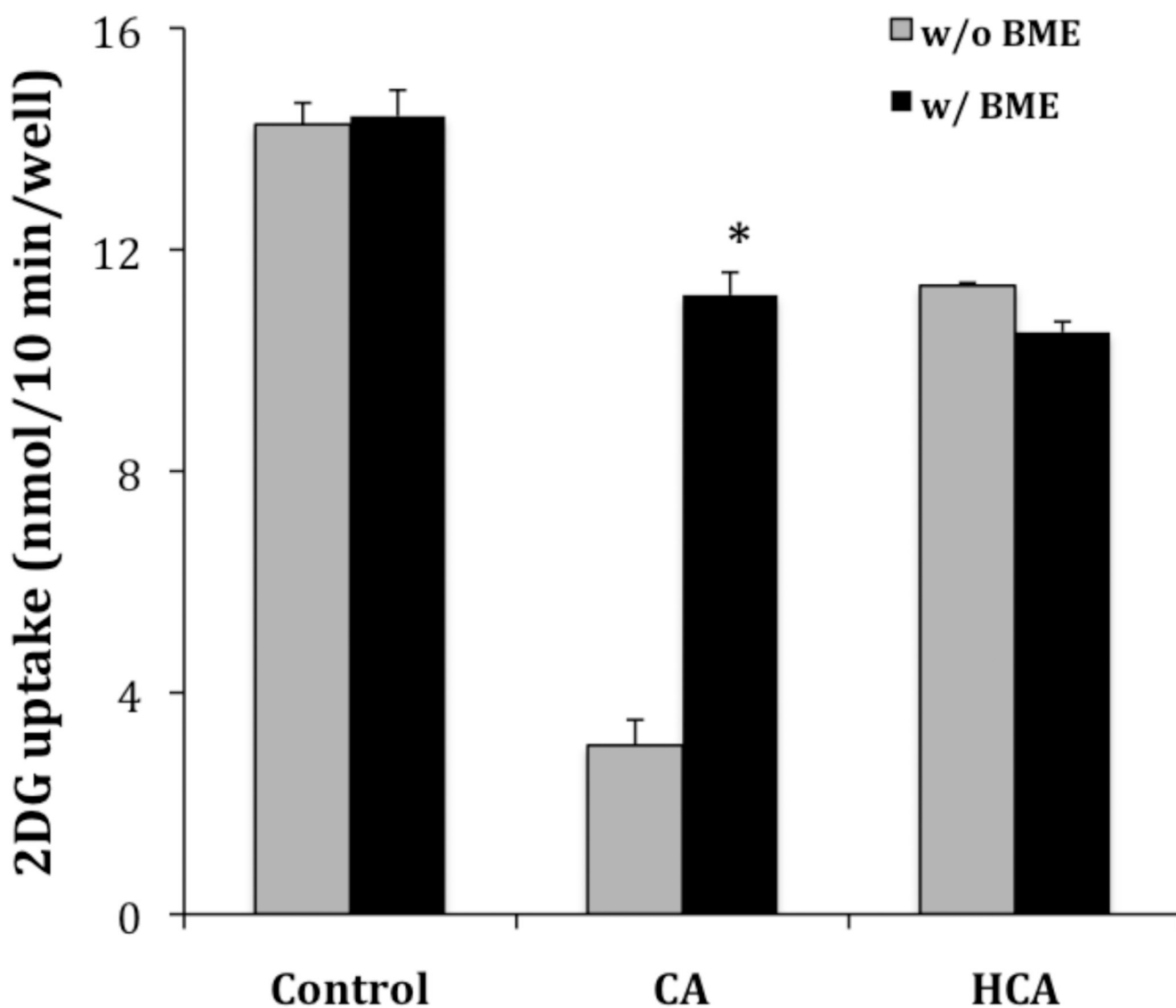


**Figure 1.** Effects of cinnamaldehyde on glucose uptake under basal and activated conditions. L929 fibroblast cells were incubated for 30 minutes in either low glucose media (basal), or glucose free media (activated), with cinnamaldehyde as indicated. Ten-minute glucose uptakes were then measured as described in Materials and Methods. Glucose uptakes are reported as means  $\pm$  S.E. \*Significantly different than its respective control (no added cinnamaldehyde) at  $P < 0.01$ .

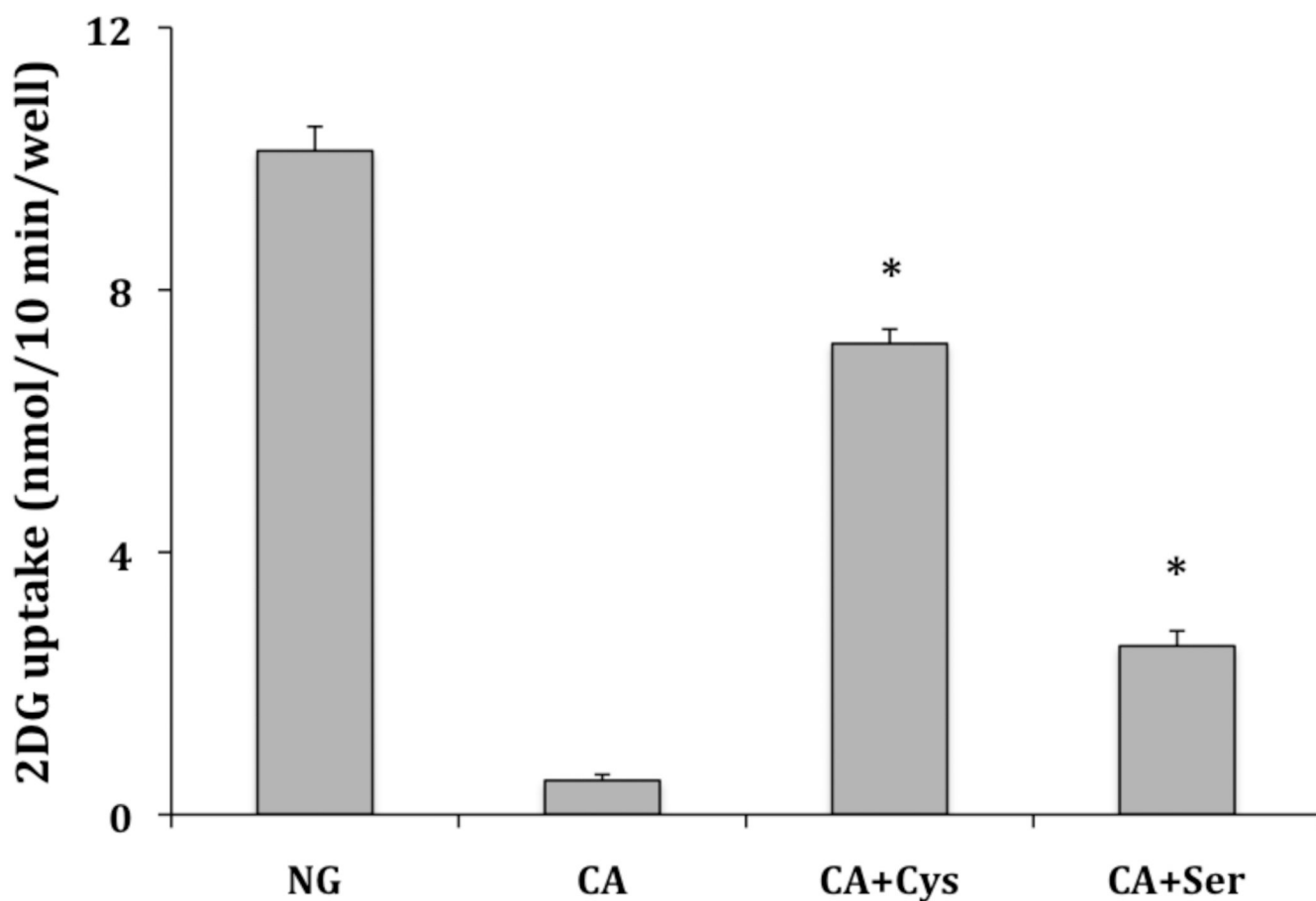


**Figure 2.**

Recovery from the effects of cinnamaldehyde. L929 fibroblast cells were incubated for 30 minutes in glucose free media plus 2.0 mM of either CA or HCA as indicated. Cells were then washed and returned to low glucose media without CA or HCA to recover for 30 minutes. Following this, cells were again exposed to glucose free media for 30 minutes, but without CA or HCA. In control cells, low glucose media was exchanged but maintained throughout the three incubation periods. Ten-minute glucose uptakes were then measured as described in Materials and Methods. Glucose uptakes are reported as means  $\pm$  S.E. <sup>a</sup>Significantly different than NG control and <sup>b</sup>significantly different than LG control at  $P < 0.01$ .



**Figure 3.** Effects of  $\beta$ -mercaptoethanol on the activity of cinnamaldehyde and hydrocinnamaldehyde. L929 fibroblast cells were incubated for 30 minutes in glucose free media (NG) plus BME (4.0 mM), cinnamaldehyde (2.0 mM), or hydrocinnamaldehyde (2.0 mM) alone or as a premixed combination as indicated in the figure. Ten-minute glucose uptakes were then measured as described in Materials and Methods. Glucose uptakes are reported as means  $\pm$  S.E. \*Significantly different than its respective control (no added BME) at  $P < 0.01$ .

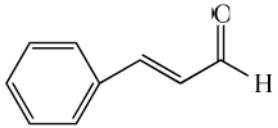
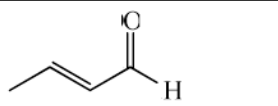
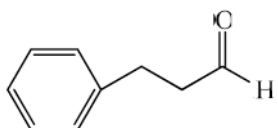
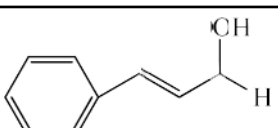
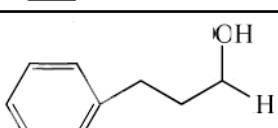
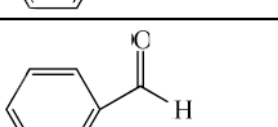
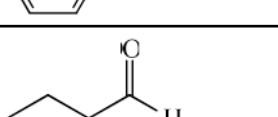


**Figure 4.** Effects of cysteine and serine on the activity of cinnamaldehyde. L929 fibroblast cells were incubated for 30 minutes in glucose free media plus either cinnamaldehyde (2.0 mM), or cinnamaldehyde premixed with either cysteine or serine at 4.0 mM. Ten-minute glucose uptakes were then measured as described in Materials and Methods. Glucose uptakes are reported as means  $\pm$  S.E. \*Significantly different than both CA treated cells and each other at  $P < 0.01$ .



**Table 1**

Effects of Cinnamaldehyde and its analogs on glucose uptake

Compound	Structure	2DG Uptake (nmol/10min/well)	
		Basal	Activated
Control	No substance added	1.00 ± 0.07	6.36 ± 0.35
cinnamaldehyde		3.52 ± 0.17*	0.86 ± 0.23*
crotonaldehyde		2.19 ± 0.15*	2.56 ± 0.24*
hydrocinnamaldehyde		1.83 ± 0.31*	4.06 ± 0.35*
Cinnamyl alcohol		1.60 ± 0.07*	7.97 ± 0.33
3-phenyl-1-propanol		1.31 ± 0.08*	7.74 ± 0.31
benzaldehyde		1.43 ± 0.09*	6.24 ± 0.29
propionaldehyde		0.44 ± 0.14	5.79 ± 0.44

Cells were incubated in either low glucose DMEM (basal), or no glucose DMEM (activated), with the indicated chemical at 2.0 mM for 30 minutes. Glucose uptake was then measured as described in Materials and Methods. Uptakes were normalized to control values and are reported as means ± S.E.

\* Significantly different than its respective control (no added substance) at  $P < 0.01$ .

**Table 2**

Effects of pretreatment with cinnamaldehyde

Media Conditions in each 30 min phase			2DG Uptake nmol/10 min/well)
<i>Treatment</i>	<i>Recovery</i>	<i>Activation</i>	
LG	LG	LG	1.49 ± 0.09
NG	LG	NG	5.65 ± 0.52
LG + 2 mM CA	LG	LG	1.02 ± 0.18
LG + 2 mM CA	LG	NG	1.88 ± 0.23*
NG + 2 mM CA	LG	NG	1.14 ± 0.15*

Cells were incubated in a 30-minute treatment phase in low glucose DMEM (LG) (5.5 mM glucose), or no glucose DMEM (NG) (0.0 mM glucose), plus or minus 2.0 mM CA. Cells were allowed to recover for 30 minutes in low glucose media and then incubated for 30 minutes with low glucose media (basal conditions) or no glucose media (activating conditions). Glucose uptake was then measured as described in Materials and Methods. Uptakes are reported as means ± S.E.

\* Significantly different from each other at  $P < 0.05$ .